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ABSTRACT

Within Wales, teacher training has been placed under considerable scrutiny (Estyn, 2012; 2013; 2015). The focus for future development in the sector has largely emphasised systems, models and structures. Within this paper I will suggest why, in my own experience, ensuring high quality professional development opportunities for teacher educators is so important. For the purpose of this paper, I will take the view that teacher educators are 'all those who actively facilitate the (formal) learning of student teachers and teachers' (European Commission, 2013: 8). The paper identifies some of the challenges facing teacher educators wishing to undertake professional development, such as practical issues, teacher educators' professional identity and the perceived value of different types of professional knowledge. It also considers the benefits of teacher educators undertaking research activity, and why these opportunities may contribute to the 'research-rich' educational systems that are highlighted as best practice (eg Leat et al, 2014). It aims to indicate why professional development in teacher education must not be the 'missing link' in educational reform. This paper puts these challenges and benefits into context through reflection on the experiences I had during my doctoral studies. It therefore takes a retrospective narrative approach – I will provide 'rememberings, retrospections and constructions' (Freeman, 1984:4) of my personal experiences of professional development as evidence.

Key words: teacher educators, professional development, classroom-based research, professional identity

Background

In the course of my career I have worked as a primary school teacher, local authority adviser and currently as senior lecturer in teacher education. At every stage I

have been well supported in my own professional development. Whilst current research suggests that the model of one-off day development courses lacks impact (Garet et al, 2001; Parsad et al, 2001; Atay, 2004), I have personally found such events useful. They have frequently ignited my interest, or provided useful insight into materials and approaches. They have allowed me to network with peers and to return immediately to my context to put ideas into practice. The information that I have gleaned on many of these courses is reflected in my day-to-day practice. Perhaps I have been fortunate in the choices that I have made, for Lord Adonis (2011:14) reported that 'for most teachers, professional development has traditionally been haphazard, off-site, barely relevant, poorly provided, and a chore at best.' Indeed, there are many factors that may have an impact on the quality of such development opportunities – including choice, expertise of the trainer, and relevance to the individual. High costs for training may limit the opportunities available to educators in all sectors, and we do not have time to merely sit and listen to expensive speakers selling their personal brand of snake oil. In my own experience, the most effective professional development opportunities are not identified by location or duration of training. Rather they have been linked to credible providers, who have challenged my thinking. The opportunities have supported me in reflecting on my own practice, within my own context, so that I can make improvements to it.

After graduating with a PGCE from the Institute of Education in London, I taught in inner-city primary schools in London. Most development opportunities involved attending day courses at a local teacher centre. These were more than a pleasant day out with lunch – most had direct impact on my classroom practice and on my curriculum leadership across the school. For example, I attended courses on cognitive acceleration materials that I then used within my class. Having identified the positive impact of the approaches on both teaching and learning, I subsequently built these into the mathematics curriculum across the school, and provided training for my team of staff. When I started working for ESIS (Education School Improvement Service) in South Wales I sustained and developed this interest in cognitive acceleration by becoming an accredited trainer, and was then able to offer development opportunities for teachers. I was able to complete a Masters degree and the focus of my research (on teacher-pupil interaction in mathematics) had a direct impact on the training that I was able to deliver to serving teachers.

More recently, within the context of school improvement and higher education, my professional development opportunities have been varied. Whilst I have found that there are comparatively few one-day courses aimed specifically at teacher educators, the opportunity to work on longer term, collaborative projects with teachers and teacher educators has been invaluable. I have been able to take part in the Welsh Educational Research Network (WERN) and have been supported in undertaking a PhD. I was able to undertake collaborative fellowship visits, working with experts in my field of interest. I have gained experience leading collaborative communities of enquiry, most recently working with teachers to explore children's development of thinking skills, and the teaching of thinking in the Foundation Phase.

These opportunities have transformed my knowledge and understanding of theory and practice, and have allowed me to experience firsthand the challenges and benefits of research. This has informed my role in the university, and ultimately has raised my confidence in seeing myself as a 'researcher' as well as a teacher educator. However, WERN is no more – and it has not been replaced with a suitable alternative within Wales.

Discussion

Provision for teacher education in Wales has been under scrutiny in recent years. Inspection reports across the sector have raised significant concerns (Estyn, 2012; 2013; 2015). Reviews commissioned by the Welsh Government have raised questions about quality, leadership and partnership working with schools (Taberrer, 2013; Furlong, 2015). In 2015, the Education Minister, Huw Lewis 'called time' on current arrangements, stating that 'We need an ITET sector that can act as a key driver in building workforce capacity, particularly as we prepare for the new curriculum for Wales' (Evans, 2016).

The BERA-RSA Inquiry into Research and Teacher Education made it clear that both teachers and students benefit from working in settings that are 'research-rich' (Leat *et al*, 2014:3). The report highlights the need for those working within education systems to engage in frequent research opportunities that enable them to become self-improving. The report clearly outlines an argument for research in order to empower teachers and leaders, not only to enhance their practice, but also to increase impact in the classroom. However, the current position of research in teacher education across

the UK is variable. In Wales, research capacity and the integration of research into teacher education remains underdeveloped (Leat *et al*, 2014; Furlong, 2016).

There are a number of possible reasons for why this might be the case. The European Commission (2013:38) suggest that 'teacher educators do not always get the support and challenge they need in terms of their education and professional development'. One underlying reason may be a lack of a coherent professional identity for teacher educators. In reality we have multiple professional identities. For example: '[we] may think of themselves primarily as school teachers, as teachers in higher education, as researchers, or as teachers of teachers - or [we] may identify with several of these roles simultaneously' (European Commission, 2013:8).

Teacher educators need to be supported in finding new ways to explore their professional identity – to understand and talk about their work (Doecke, 2004). Murray and Male (2005:132) give the example of Joanne, a teacher who made the move to initial teacher education and who subsequently found the expectations of research to be a source of stress: 'I've been here for two years now and I still don't see myself as an 'academic'. That's just not a label I like, it's not me. I say that I'm one of the people here who don't 'do' research and I'm not joking. I don't really know what it means to be a researcher in this job'. For Joanne, the challenge of understanding herself in this new role was taking time.

I did not move from school directly into teacher education, and so the transition was possibly not as difficult for me as it was for Joanne. I was already used to working with peers as well as children, and in teaching and mentoring adults. However, I am aware that there is still an existing view of 'theory versus practice' within my own department – does our professional identity relate to academic endeavor or practical pedagogy? This is not a new dilemma, nor unique to my own context. Leat *et al* (2014) suggest that there is still a tendency to view research as a body of knowledge – which individuals may or may not choose to make use of. As Taylor (1983: 41) puts it:

Teacher education is of its very nature Janus-faced. In the one direction it faces classroom and school, with their demands for relevance, practicality, competence, techniques. In the other it faces the university and the world of research, with their stress on scholarship, theoretical fruitfulness and disciplinary rigour.

I would argue that teacher educators should be encouraged to see the value of both – as 'praxis' - acknowledged by Darling-Hammond (2000:171), who suggests that 'If universities are to continue to make the important contribution to the education of teachers that they can make, they need to pursue these ideals of knowledge building and truth finding by creating a genuine praxis between ideas and experiences, by honoring practice in conjunction with reflection and research'.

Therefore, teacher educators need to see the value and impact of professional development. To become research-rich, the education systems in Wales, and the individuals working within these systems, need to see research as a professional learning process. This process can transform our own practice and can support teachers, teacher educators and learners to actively engage in enquiry. Research should be something that all, not a minority feel, empowered to undertake. In order to do this effectively there needs to be clarity over what we mean by 'research'. In universities, practice-based research tends to be considered of inferior value, if compared with more traditional types of research, such as theoretical, subject-specific studies. For example, Hales and Clarke (2016) suggest that a there is a hierarchy of prestige assigned to research in institutions – evident through a consistent emphasis on doctoral qualification and scholarly achievement. Yet, according to the BERA-RSA inquiry (Leat et al, 2014), research can happen at micro, macro, local and national levels. The types of activities undertaken can include literature reviews, peer-to-peer observation, work scrutiny, action research, school or college wide enquiry, and participation in national and international studies. Research can involve individuals, small groups or large networks. Outputs can be varied – through for instance social media, in-house presentations, training materials, conference presentations, papers or development courses, and can be disseminated to a wide audience such as learners, parents, colleagues, the professional community, the academic community or the wider community.

My own experience of research for my doctorate has allowed me to disseminate findings to students, colleagues and the wider academic and professional community in a number of ways. These include developing lecture content, writing peer-reviewed and professional articles, giving conference presentations and delivering school-based seminars. Clearly these are all valuable professional development opportunities for me,

but also contribute to the wider knowledge base relating to teaching thinking skills in the Foundation Phase. Some of the thinking materials that I explored in my research have been used successfully by my students, and one of the key research tools – video stimulated reflective dialogue - is now being used to support my own trainee teachers in their own development, and new colleagues in their induction. Furthermore, I can act as a role model for my students – Lunenberg *et al* (2007) suggests this is crucial – we send important messages about lifelong learning and the value we place on for example, enquiry, through our actions.

I would therefore argue that an in-depth understanding of practice-based research, and involvement in such activity, is valuable to those working in teacher education. The relevance of this type of activity may be as important in the day-to-day practices of the beginner teachers as theoretical research papers. This is certainly true for David, who, as a new teacher educator says that 'I know why I'm here, I'm valued for my up-to- date knowledge of what's happening in schools, and the students know that I'm newly out of school and they value that, that I know what it's like out there for them teaching on School Experience' (Murray and Male, 2005:132). This is valuable experience. But it is not enough. As teacher educators we also need to know why we are adopting certain approaches, what evidence and theory underpins them, and how we can evaluate their impact. For me, the opportunity to undertake doctoral research into an area that I am excited and enthusiastic about has allowed me to explore, reflect upon and deepen my understanding. It also enabled me to work with a collaborative community of like-minded teachers, and to spend sustained periods of time back in schools. My colleagues undertaking postgraduate research are also excited by the opportunity to pursue an area of interest, stretch themselves intellectually and gain a sense of personal development. They feel better equipped to engage and support students. Furthermore, becoming research active has allowed them to be more empathetic to the student experience – saying that gaining a better understanding of the trials of referencing, meeting deadlines and navigating Moodle are added bonuses.

We need to recognise the value of a range of activity that contributes to a research-rich system, and support teacher educators in undertaking and making sense of these activities. Creating sustainable systems that allow us to share and discuss our enquiries – whether small-scale, individual, collaborative, local or international – would allow colleagues to celebrate and share their work. It would also encourage us to

see that there are many ways of undertaking our professional development – and these can all have value.

Clearly, if teacher educators need to recognize the value of all types of research, and be encouraged to undertake some of these, the systems in which they operate need to allow time for these activities. Hales and Clark (2016) acknowledge that in the institutions involved in their study, whilst research was viewed as important, teaching was given the highest priority in terms of activity and work roles. Although Guilfoyle *et al* (1995) suggest teacher educators generally meet with little support, in my own experience, the time to undertake research is available, but not in consistent, regular blocks. My colleagues indicate that meeting their own assignment deadlines often coincides with periods of intense lecturing or school visits and so can feel very pressurized. Given the constraints of time, it is important that individual teacher educators see that the professional development that they undertake is effective, and that the outcomes are perceived to be valued within the educational community. Luff and Aaronricks (2016) suggest that effective professional development has nine elements, and Table 1 indicates how I have tried to address these elements in my own research.

Table 1. Elements of effective professional development and my own experiences

Element (after Luff	Personal experience					
and Aaronricks, 2016)						
Aspirational	Professional development has allowed me to see myself as a 'researcher',					
	moving from novice to more experienced.					
	It has developed my expertise and enthusiasm in an area of interest and has					
	had impact on my own teaching.					
Proactive	I had to take the initiative and seek out teachers to form key subjects of r					
	research. I had to identify and prioritise time to undertake the enquiry. I					
	identified conferences and journals in which to disseminate my work.					
Individualised	This project focused on an area of my work that I was passionate about, and					
	about which I wanted to learn more. The enquiry was tailored to questions I					
	wanted to find answers to, and which impact on my role in the university.					
Collaborative	Most recently, I worked with six early years professionals as co-researchers,					
	sharing and shaping our understanding.					
Ongoing	The research took an academic year, the dissemination has been ongoing,					
	and the focus remains an area of my research interest.					

Well-led and managed	I had to set timelines and work schedules. I had to meet deadlines and design				
	and evaluate the project. I had to maintain communication with the teachers				
	throughout the project.				
Reflective	I have learnt from reflecting on my own knowledge, beliefs and values				
	through my research. Discussing individual understandings with others and				
	reflecting on my own understandings has been invaluable.				
Praxaelogical	My project centred on classroom-based action research, and allowed me to				
	connect theory and practice more powerfully than I would have done without				
	the opportunity to undertake research.				

Individuals need to be committed to professional development and make time when they can – it is clearly a challenge, but not one unique for teacher educators, and the majority of my colleagues are clear that this is a challenge worth overcoming.

Conclusion

Teacher educators are in a unique position. We work with learners from all backgrounds, at all stages within the broad educational system. We work with hundreds of students, who bring with them individual experiences, beliefs and approaches. This is also the case with colleagues from across the sector. . We visit our students in a wide-range of different schools and settings, meeting many mentors on a regular and often sustained basis. We have access to research literature, expertise and professional networks. Hargreaves and Fullan (1992) suggest that we should be in a position to learn from these types of encounters and opportunities. We should be well placed to undertake all manner of research activity that can have a genuine impact on learners across the education system. Perhaps as a sector we need to argue more vociferously about how these opportunities should be valued and used more strategically to inform the profession. Rather than only focusing on reforming structures and systems of initial teacher education, policy makers need to remember that teacher educators need the opportunity to engage with high quality professional development, and so systems must include the appropriate support to put this development into practice. As Leat et al (2014:18) conclude: 'engagement in and with research can be a very positive experience for teachers. Broadly speaking it improves their working lives, gives them new perspectives and makes them more sensitive to students' experiences of classrooms.'

Of course, this article has been written from my own personal perspective. Adopting an autobiographical method 'bets in the capacity of retrieving memory and narrating by the social actors themselves' (Santamarina and Marinas, 1994:259). As such it is selective and I have made my own interpretations of my experiences - as suggested by Soares (2001:40) 'I do it from the present, because this is what tells me what is important and what is not; I do not describe; I interpret'. My personal experiences may not be representative of other teacher educators. However, based on these experiences, I do believe that as a sector we are ready and keen to engage with a research-led agenda. Let's hope that our professional learning opportunities are not the missing link in the reforms to the Welsh education system that lie ahead.

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